

Diversity Events Calendar

October 2025

October is recognized for several diversity and awareness observances, a time dedicated to honoring the wide spectrum of backgrounds, cultures, languages, and life experiences that shape our communities. At CPCS, we take this opportunity to reflect, learn, and uplift voices that have often gone unheard, while embracing the interconnectedness of our work, clients, and colleagues.

Throughout the month, we are encouraged to engage in meaningful conversations, participate in events that honor our shared humanity, and explore stories that reflect the beauty of diversity. By acknowledging these significant observances, we deepen our understanding of the diverse identities that strengthen our communities and shape our collective future.

Month-long Observances	Focus / Why It Matters
Breast Cancer Awareness Month	Promoting awareness of breast cancer, screening, early detection, and support for those affected.
Domestic Violence Awareness Month	Bringing visibility to domestic violence issues, resources for survivors, prevention & support.
Down Syndrome Awareness Month	Acceptance, advocacy, support, and raising awareness of the lives and needs of people with Down syndrome.
Global Diversity Awareness Month	Celebrating the variety of cultures, identities, and backgrounds in communities, promoting inclusion.
National Bullying Prevention Month	Encouraging prevention of bullying in schools, workplaces, and online; supporting kindness and safe environments.
National Disability Employment Awareness Month	Honoring contributions of workers with disabilities, raising awareness of employment barriers, and promoting inclusive workplaces.
ADHD Awareness Month	Awareness of ADHD, reducing stigma, promoting understanding, and supporting neurodivergent individuals.
Italian American Heritage Month	Recognizing Italian American culture, history, and contributions.
Filipino American History Month	Celebrating Filipino American history, culture, and contributions.

<u>German-American Heritage Month</u>	Recognizing German American culture, history, and contributions.
<u>Polish American Heritage Month</u>	Acknowledging the culture, history, and impact of Polish Americans.
<u>LGBTQ+ History Month</u>	Highlighting the struggles, achievements, and contributions of LGBTQ+ individuals throughout history.
<u>National Work and Family Month</u>	Raising awareness about the importance of the balance of work-life and supporting family well-being.

Key Dates & Culturally Significant Events

<i>Date</i>	<i>Event/ Observance</i>
October 1	<u>China National Day</u>
October 1	<u>Nigeria Independence Day</u>
October 2	<u>Yom Kippur (The Day of Atonement)</u>
October 2	<u>International Day of Non-Violence</u>
October 2	<u>Mahatma Gandhi's Birthday</u>
October 2	<u>Dasara, Dussehra, or Vijayadasham</u>
October 4	<u>St. Francis of Assisi Feast Day</u>
October 5	<u>World Teachers' Day</u>
October 7	<u>National Day of Prayer for Mental Illness</u>
October 10	<u>World Mental Health Day</u>
October 11	<u>International Day of the Girl</u>
October 11	<u>National Coming Out Day</u>

October 13	<u>Indigenous Peoples' Day (Massachusetts)</u>
October 13	<u>Columbus Day</u>
October 14	<u>Defender of Ukraine Day</u>
October 14	<u>Shemini Atzeret(Sundown to Sundown)</u>
October 15	<u>Blind Americans Equality Day & White Cane Awareness Day</u>
October 16	<u>Spirit Day</u>
October 20	<u>Birth of the Bab (Baha'i)</u>
October 20	<u>Diwali</u>
October 20	<u>Sikh Holy Day (Birth of Guru Granth)</u>
October 22	<u>International Stuttering Awareness Day</u>
October 28	<u>National Immigrants Day</u>
October 28-29	<u>Resources for the Bicentennial of the Birth of the Bab</u>
October 31	<u>Halloween Day</u>